

PRE-SCHOOL

Ages Infant - Age 5

Aquatics

Babies and Tots Swims

Classes run 45 minutes (30 minutes of instruction and 15 minutes of play time with parent) once per week. A parent or responsible adult is required to participate in the water for Babies classes.

For the Tots classes, child should be able to hold onto the sidewall of the pool by him or herself. A parent or responsible adult is required to be on the pool deck during the class and will be invited into the water for the last 15 minutes of class time. (It is not mandatory for the parent to participate in the swim time).

Babies

Monday	Nov 28 - Jan 9	(7)	10:00am - 10:45am
Monday	Jan 16 - Mar 5	(8)	10:00am - 10:45am
Tuesday	Nov 29- Jan 10	(7)	5:45pm - 6:30pm
Tuesday	Jan 17 - Mar 6	(8)	5:45pm - 6:30pm
Wednesday	Nov 30 - Jan 11	(7)	10:45am -11:30am
Wednesday	Jan 18 - Mar 7	(8)	10:45am - 11:30am
Thursday	Dec 1 - Jan 12	(7)	6:30pm - 7:15pm
Thursday	Jan 19 - Mar 8	(8)	6:30pm - 7:15pm
Saturday	Dec 3-Jan 14	(7)	11:00am - 11:45am
Saturday	Jan 21- Mar 10	(8)	11:00 am -11:45am

Tots

Monday	Nov 28 - Jan 9	(7)	10:45am - 11:30am
Monday	Jan 16 - Mar 5	(8)	10:45am - 11:30am
Tuesday	Nov 29- Jan 10	(7)	6:30pm - 7:15pm
Tuesday	Jan 17 - Mar 6	(8)	6:30pm - 7:15pm
Wednesday	Nov 30 - Jan 11	(7)	10:00am - 10:45am
Wednesday	Jan 18 - Mar 7	(8)	10:00am - 10:45am
Thursday	Dec 1 - Jan 12	(7)	5:45 pm - 6:30pm
Thursday	Jan 19 - Mar 8	(8)	5:45 pm - 6:30pm
Saturday	Dec 3 -Jan 14	(7)	11:45am - 12:30pm
Saturday	Jan 21- Mar 10	(8)	11:45am - 12:30pm

Rates	Full Member	Non Member
7 Week Course	\$42.00	\$84.00
8 Week Course	\$48.00	\$96.00

Course Fees are payable in advance upon registration.

OPEN RECREATION SWIM

This is a chance for parents and children to enjoy our pool together.

Open Rec Swim - Competition Pool

Sun	1:00pm - 4:30pm
Mon & Thu	2:30pm - 4:00pm
Tue, Wed-& Fri	2:30pm - 4:30pm
Tue	6:00pm - 8:30pm
Thu & Fri	6:30pm - 8:30pm
Mon-& Wed	7:30pm - 8:30pm
Sat	9:30am -11:30am
Sat	no lap swim 2:00pm - 3:30pm

Full Members FREE Non-Members \$6.00

FAMILY OPEN RECREATION SWIM IN ORIGINAL POOL

This is a great opportunity to swim in the warm pool with young children. Come and meet others with young children and have fun.

Friday	10:00am - 11:30am
Full Members FREE	Non-Members \$6.00

Specialty Classes

CHILDREN'S BALLET & TAP

Children ages 3-5 will learn the basics of ballet in this special ten week course. Improved posture, balance, and body awareness will develop as we learn three basic positions and primary skills. Comfortable clothes are a must; ballet slippers or bare feet are fine. Classes are held in the aerobics studio. Pre-registration is required at least one week prior to the start of the session. Classes held in the Aerobics Studio. **Ages 3-5. (10wks)**

Tuesdays -	Nov 29-Feb. 7 (No class on Dec. 27)	3:30pm-4:20pm
Thursdays -	Dec. 1-Feb. 16 (No class on Dec. 29 or Feb. 2)	12:30-1:20pm

Members: \$50 Non-Members: \$85

MUSIC AND MOVEMENT

Children ages 2-4 can come sing, dance, roll and wiggle their way to improved coordination and body awareness. We'll also discover the basics of music, such as rhythm. Caregivers are encouraged to join in the fun! **Ages 2-4. (10wks)**

Mondays	Nov. 28-Feb. 13 (No class Dec.26 or Feb. 6)	12:30 - 1:15pm
Thursdays	Dec. 1 -Feb. 16 (No class Dec. 29 or Feb 2)	11:15 - 12:00pm

Members: \$50 Non-Members: \$85

Athletic Programs

AFTERNOON GYMNASIUM ACTIVITIES

No Activities during Northbridge Public School Vacations, Holidays or Cancellations

All programs are walk-in classes. Come and go as many times as you like and join us for some fun! Please keep in mind that all activities are subject to change depending on class size. **Ages 4-6.**

Mon: Silly Play; join us as we run around, play tag, have relay races, tumble on mats, use the parachute & have free dance play & more.

Wed: Ball Games; come play soccer, basketball, pilo polo etc. If it involves a ball we'll play it!

Thu: Fun & Games; anything & everything, a combo of the above games or just some free time for them to run around & play together.

All programs are held from 3:30pm - 4:15pm in the gymnasium.

Members FREE Non-Members \$6.00

FAMILY TYME GYM & SWIM

Friday mornings just got better! Moms, Dads, Grandparents! Bring your family to our gymnasium for a half hour of ball tossing or just stretching your legs, then follow it up with a dip in our 86 degree Original Pool! It's a great way to share some family time and socialize at the same time.

Friday 10:00 - 10:30AM in our Gymnasium/
10:00 - 11:30AM Original Pool

Members **FREE**

Non-Members **\$6.00**

FRIDAY NIGHT FAMILY ROLLER SKATE

Come join the fun - Dust off your old skates or use ours. In order to maintain the atmosphere of a Family Skate, children CANNOT come without at least one adult accompanying them. It is not a requirement for adults to skate. Roller skates included for those who need them. Keep watch for our theme nights!

Friday 5:45pm - 7:15pm Grade 5 & under

Members: **FREE**

Non-Members: **\$6.00**

No Charge for Adults

MINI BASKETBALL INSTRUCTIONS Ages 4-6

This is a walk in program. Come join us every Saturday morning this winter as we go over the basics of the game with the little guys in mind.

Saturday mornings 10:30-11:00AM Ages 4 - 6 yrs old

Members: **FREE**

Non-Members: **\$6.00**

indoor gymnasium, access to WCC afternoon activities, and the flexibility to purchase half days or full days plus our years of experience with kindergarteners in our Before & After School Age Program. Come Check Us Out!

BABYSITTING SERVICES



Babysitting is available to offer parents the opportunity to attend aerobics classes, lap or recreational swimming, or to use the fitness center. **Children aged one to six are welcome. Must be walking. Please - no infants.** The cost of this walk-in service is FREE for members and \$6 per session for each child for non-members.

Monday through Friday

8:30am - 11:30am



The Blackstone Valley Children's Place is the largest provider of childcare services in the region. Please contact Sandra Phillips, Childcare Director at 234-8184, ext. 104 or e-mail her at Sandra.Phillips@OurGym.org for complete information.

Whitin Community Center Pre-Kindergarten

Our Pre-Kindergarten program operates as a fully licensed school for 3 & 4 year olds. The school year runs from September to the first week of June. Our Lead Teacher is Ms. Kelly Sullivan. Registration for 2011-2012 school year is ongoing.

Group Child Care

Designed for the working parent, extended services are provided in a pleasant and productive environment for children ages 2 years 9 months to 5 years (having not gone to kindergarten). Half-day or full-day enrollments are possible.

Kindergarten Prep

Is your child turning 5 between September 2nd & February 28th? Did your child miss the kindergarten September 1st cutoff date? Have you been searching for a program more like kindergarten and less like a Childcare? Look no further, Blackstone Valley Children's Place is introducing a class just for these 5 year olds. All the benefits of our Child Care Program: weekly swim lessons, gross motor play every day in the outdoor playground or the