

# ~Day By Day at A Glance~

## GYMNASIUM

### MONDAY

6:00-8:30am Open Recreation  
12:00-1:15pm Open Recreation  
3:30 - 4:15pm Silly Play, 4-6 yrs  
4:15 - 5:00pm Dodge Ball, 7-13 yrs  
5:00-6:30pm Open Recreation  
7:00-9:00pm Men's Open Basketball League^

### TUESDAY

6:00-8:30am Open Recreation  
11:00-11:45am Senior Yoga Stretch  
12:00-1:15pm Men's Open Rec. B-Ball  
2:45-3:30pm Middle School Open Rec.  
4:00-8:00pm Youth Basketball League ^  
8:00-9:30pm Open Recreation

### WEDNESDAY

6:00-8:30am Open Recreation  
11:30-12:15pm Silver Sneakers® Muscle Strength Class  
12:15-1:15pm Open Recreation (except 2/22)  
3:30 - 4:15pm Ball Games, 4-6 yrs  
4:15 - 5:00pm Ball Games, 7-13 yrs  
5:00-7:00pm Youth Basketball League^  
7:00-10:00pm Men's "Over 30" Basketball League^ (exc 2/22)

### THURSDAY

6:00-8:30am Open Recreation  
12:00-1:15pm Men's Open Rec. B-Ball  
3:30 - 4:15pm Fun & Games, 4-6 yrs  
4:15 - 5:00pm Matt Ball, 7-13 yrs  
5:00-8:00pm Youth Basketball League ^  
8:00-9:30pm Open Recreation

### FRIDAY

6:00-8:30am Open Recreation  
10:00-10:30am Family Tyme Gym & Swim  
11:15-12:00pm Silver Sneakers® Cardio  
12:00-1:15pm Open Recreation  
3:30-4:15pm WCC Child-Care  
4:15-5:00pm WCC School-Age  
5:45-7:15pm Family Roller Skating  
7:30-9:30pm Open Recreation (grade 6 & above)

### SATURDAY

8:00-9:30am Travel Team Practice (except 12/10 & 3/10)  
9:30-10:30am Open Recreation (except 12/10 & 3/10)  
10:30-11:00am Mini Basketball Instruction (except 12/10 & 3/10)  
11:00-1:00pm Men's Open Basketball (except 12/10 & 3/10)  
1:00-2:30pm Open Recreation except 1/7, 12/10 & 3/10  
2:30-4:45pm Available for rent (except 3/10)  
5:00-8:00pm Travel Team Practice

### SUNDAY

9:00-10:30am Open Recreation  
10:30-4:00pm SCMYBL GAMES  
4:00-5:00pm Open Recreation

#### **Gymnasium Unavailable:**

**Saturday December 10 9:00-2:00pm**  
**Wednesday February 22 12:00-9:00pm**  
**Saturday March 10 9:00-3:00pm**

^ Denotes Pre-Registration Required

\* Denotes Babysitting Available - See pg. 7 for more information